



2022-23 HIGH SCHOOL SOCCER

EMSOA



Since 1959

**Eastern Mass.
Soccer Officials
Association**



- Rules Changes
- Major Editorial Changes
- Points of Emphasis





2022-2023 NFHS SOCCER RULES CHANGES





OTHER EQUIPMENT

4-2-2

Hair control devices and other adornments worn in the hair must meet the following criteria:

- Be securely fastened to the head.
- Do not present an increased risk to the player, teammates or opponent.
- This change promotes the inclusion of participants based on their cultural and religious beliefs.



OTHER EQUIPMENT

4-2-2



Illegal



Legal



Illegal



Legal

In PlayPics A and C, the beads worn by each player are not securely fastened to the head. In PlayPic B and D, the beads worn are securely fastened to the head.



OTHER EQUIPMENT

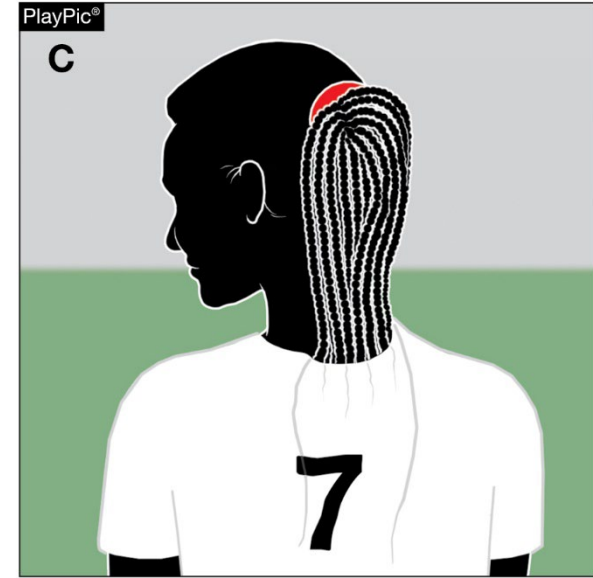
4-2-2



Illegal



Legal

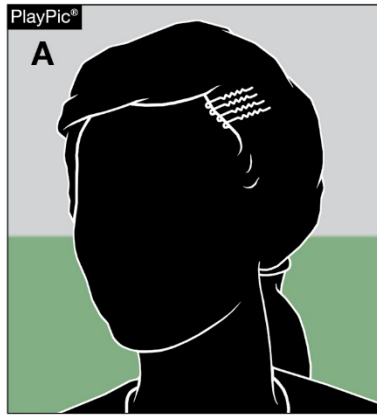


Legal

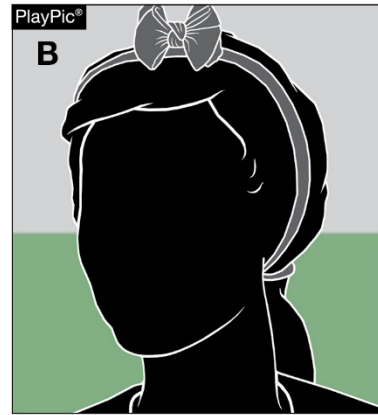
- In PlayPics A, the player cannot participate with the hair adornments worn in the current position since the adornments are not securely fastened to the head. Play Pics B and C are options to make legal.

OTHER EQUIPMENT

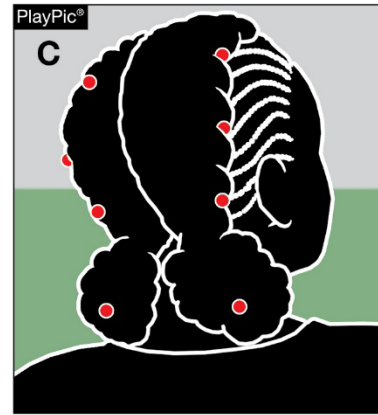
4-2-2



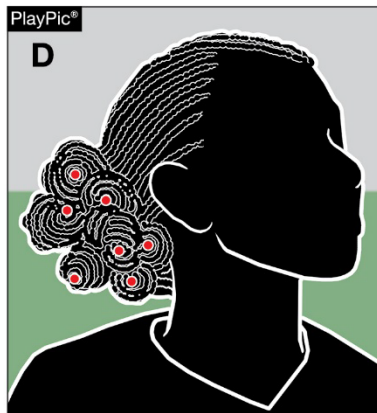
Legal



Legal



Legal



Legal



Illegal

- In PlayPics A, B, C and D, the hair control devices worn are securely fastened and are legal.
- In PlayPic E, the hair control device is illegal as it is not securely fastened to the head.



Mesh Crown





EQUIPMENT AND ACCESSORIES

4-1-6a



- Hair charms are considered jewelry and per rule 4-1-7 would **not** be permitted.

SUSPENDED GAME

7-1-3



- State associations may adopt game-ending procedures for suspended game.
- Unless set forth by state association adoption, unless tied, it is an official game if one complete half or more of the game has been played.
- State association procedures also govern games in which one complete half has not been completed

GOALS

10-1-2f, 10-1-3h NEW



- A goal may not be scored directly from a goalkeeper's throw into the opponent's goal.
- A goal may be scored for the opponents when a goalkeeper throws the ball into the team's own goal.



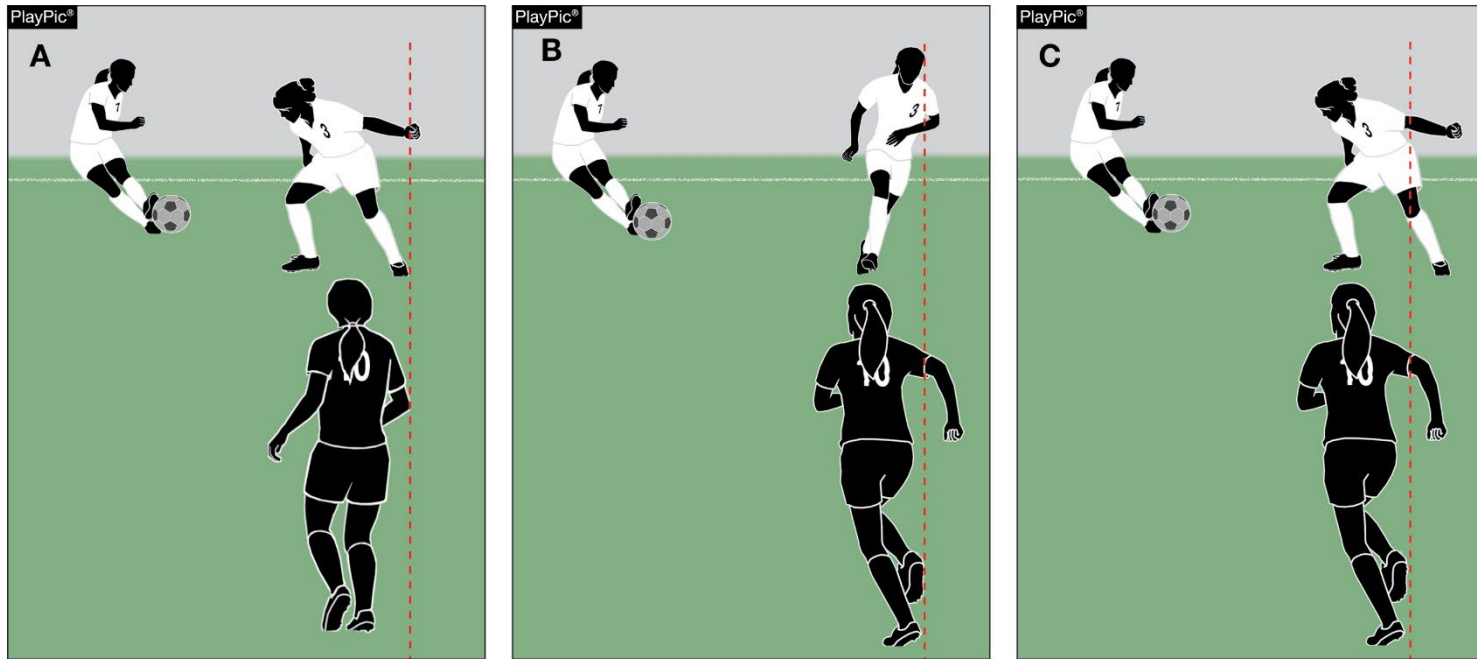
HANDLING 12-2



For the purposes of determining handling offences, the upper boundary of the arm is in line with the bottom of the armpit.

OFFSIDE DEFINITIONS OF PLAYING TERMS

11-1-1, 18-1-1s



For the purposes of determining offside, the upper boundary of the arm is in line with the bottom of the armpit.

- In PlayPic A, offside is judged by the upper boundary of #10's arm — in line with the bottom of the armpit compared to #3 of the attacking team. **#3 of the attacking team is not offside.**
- In PlayPic B, even though #10's right arm is beyond #3's left shoulder, **#3 is offside.** The position of the hand/lower arm is not considered when determining offside.
- In PlayPic C, even though part of #10's hand/lower arm is beyond #3's left leg, **#3 is offside.**

PENALTY KICK

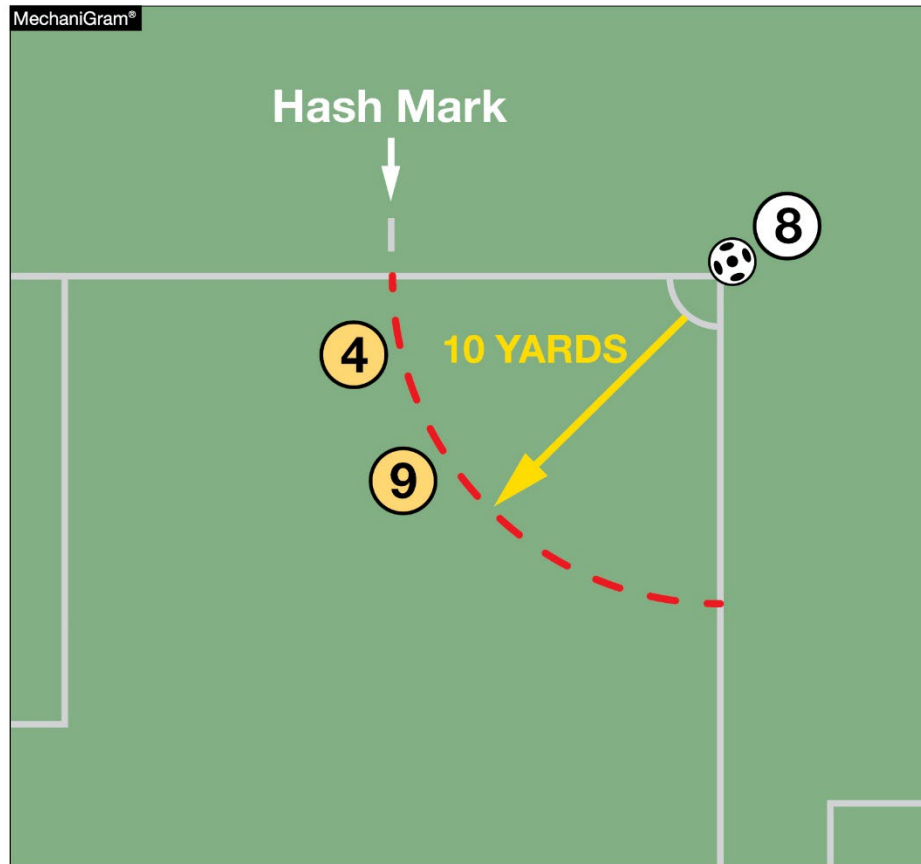
14-1 PENALTY

Penalty Kick Situations

Result of Penalty Kick	No Violation	Violation by Attacking Team Only	Violation by Defense Only	Violation by Both
Enters Goal	Goal	Retake	Goal	Retake
Goes Directly Out of Bounds	Goalkick	Goalkick	Retake	Retake
Rebounds into Play From Goal/ Goalkeeper	Play Continues	Indirect Free Kick	Retake	Retake
Saved and Held by Goalkeeper	Play Continues	Play Continues	Rekick	Retake
Deflected Out of Bounds by Goalkeeper	Corner Kick	Indirect Free Kick	Retake	Retake
Ball not Kicked Forward	Indirect Free Kick for Defending Team			

- When the ball is not kicked forward on a penalty kick, the defending team is now awarded an indirect free kick. The penalty kick is no longer retaken in this instance.
- Additionally, language changes were made to the Penalty Kick Situations Chart to more accurately describe a kick taken again as a Retake.

CORNER KICK 17-1-2, 17-1-3



- Players of the defending team shall be at least 10 yards from the corner arc circle until the ball has been kicked.
- The distance is now measured from the corner arc instead of the ball.

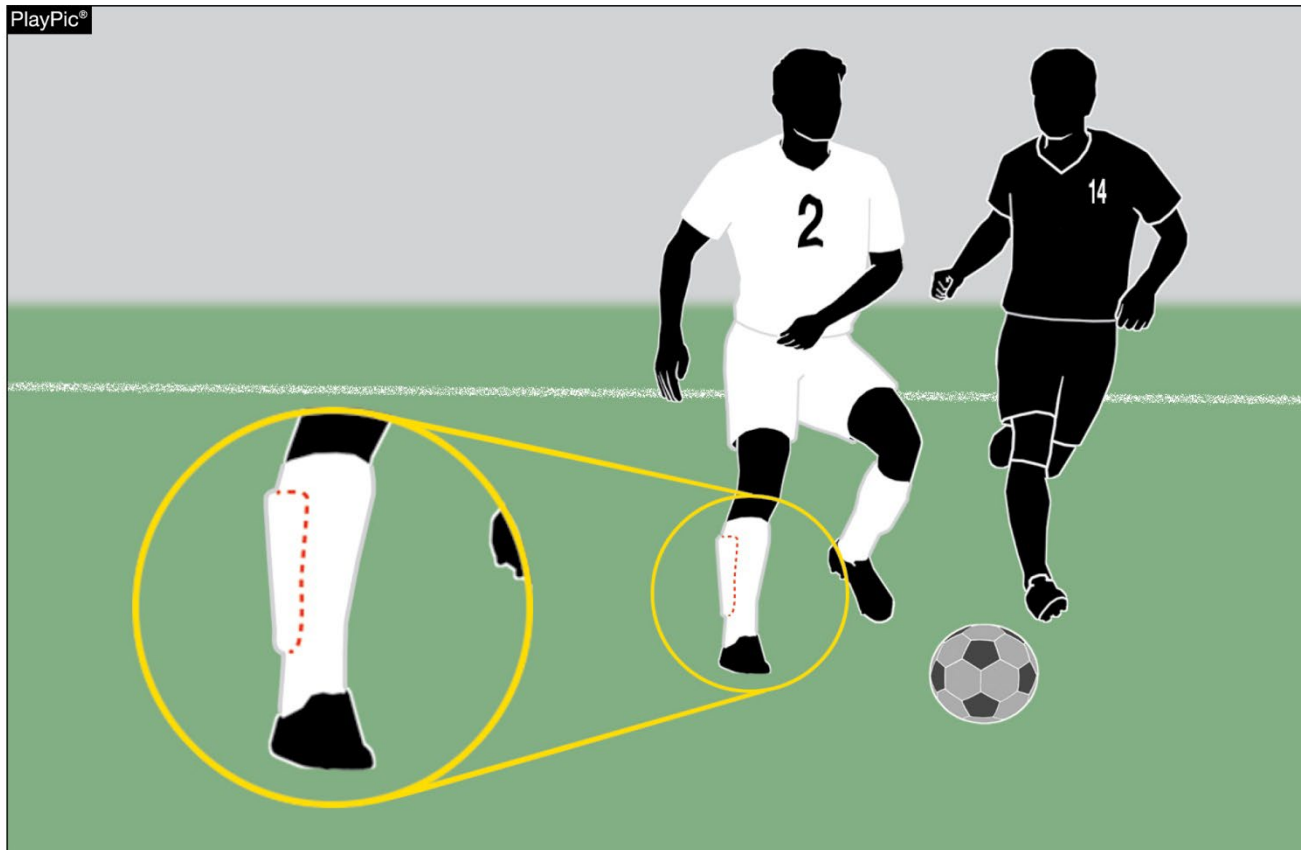


2022-2023 NFHS SOCCER EDITORIAL CHANGES



REQUIRED EQUIPMENT

4-1-1



4-1-1 was reorganized to assist with easier flow and understanding.

Shinguards must:

- Provide adequate and reasonable protection.
- Be professionally manufactured.
- Be age and size-appropriate.
- Not be altered to decrease protection.
- Be worn under the socks and worn with the bottom edge no higher than 2 inches about the ankle.
- Meet the NOCSAE standards at the time of manufacture.
- Additionally, shinguards must be worn properly.

REQUIRED EQUIPMENT

4-1-1 (SOCKS)

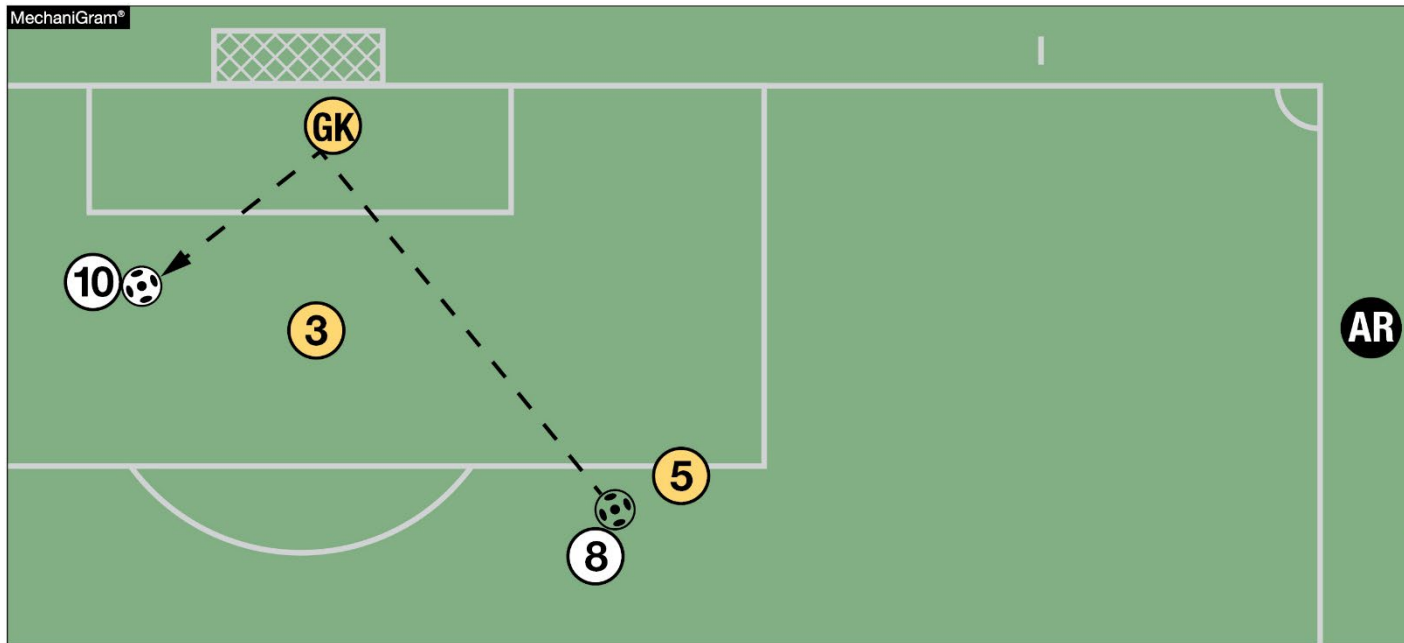


- Teammates shall wear the same-colored socks.
- Visiting team players wear solid white socks
- Home team players wear socks of a single dominant color, but not necessarily the color of the jersey.
- If tape or a similar material (stays/straps) is applied externally to the socks, it must be of similar color as that part of the sock to which it is applied.
- If sock is modified by cutting off the foot of the sock, then any visible material worn under the sock and above the ankle must be of similar color to the predominant color of the sock.

OFFSIDE

11-1-4b

11-1-4b was revised to clarify that offside shall be ruled if the player is gaining an advantage by being in an offside position.

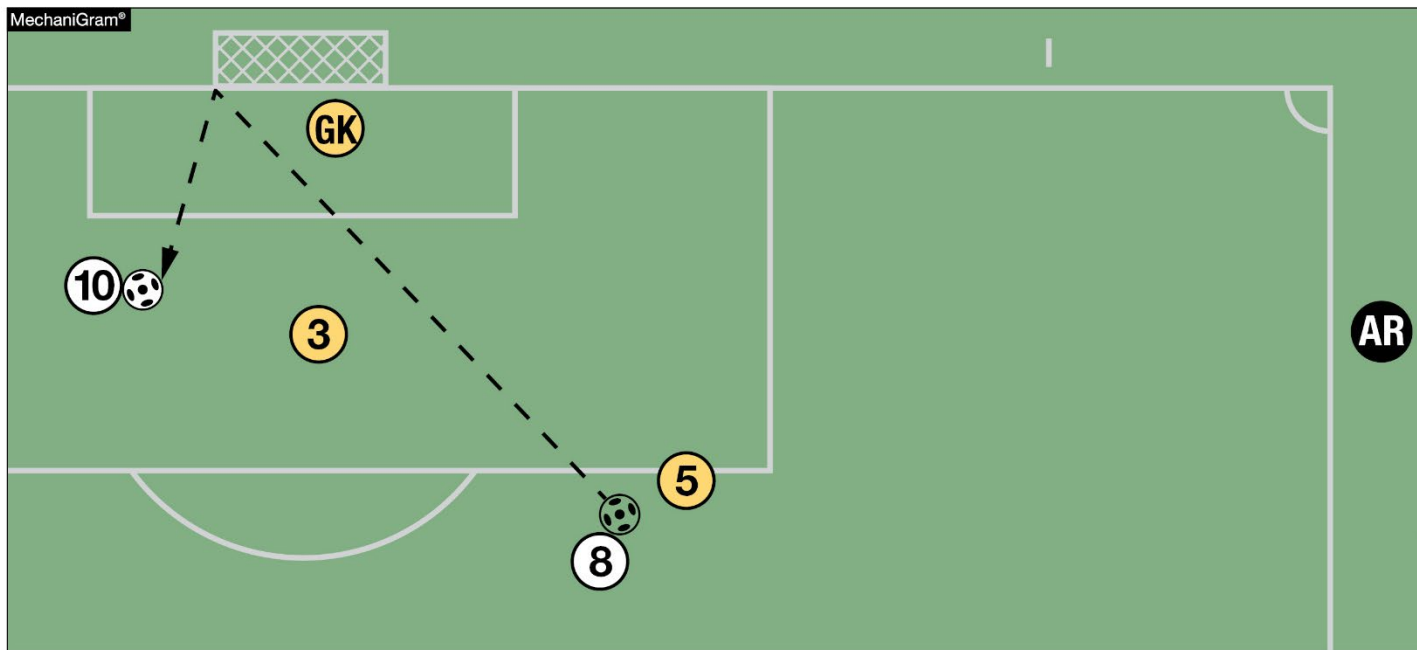


In this MechaniGram, **A10 is offside** since the player is receiving the ball from a deliberate save by the goalkeeper.

OFFSIDE

11-1-4b

11-1-4b was revised to clarify that offside shall be ruled if the player is gaining an advantage by being in an offside position.



In this MechaniGram, **A10 is offside** since the player is gaining an advantage by playing the ball after it hits the post.



POINTS OF EMPHASIS

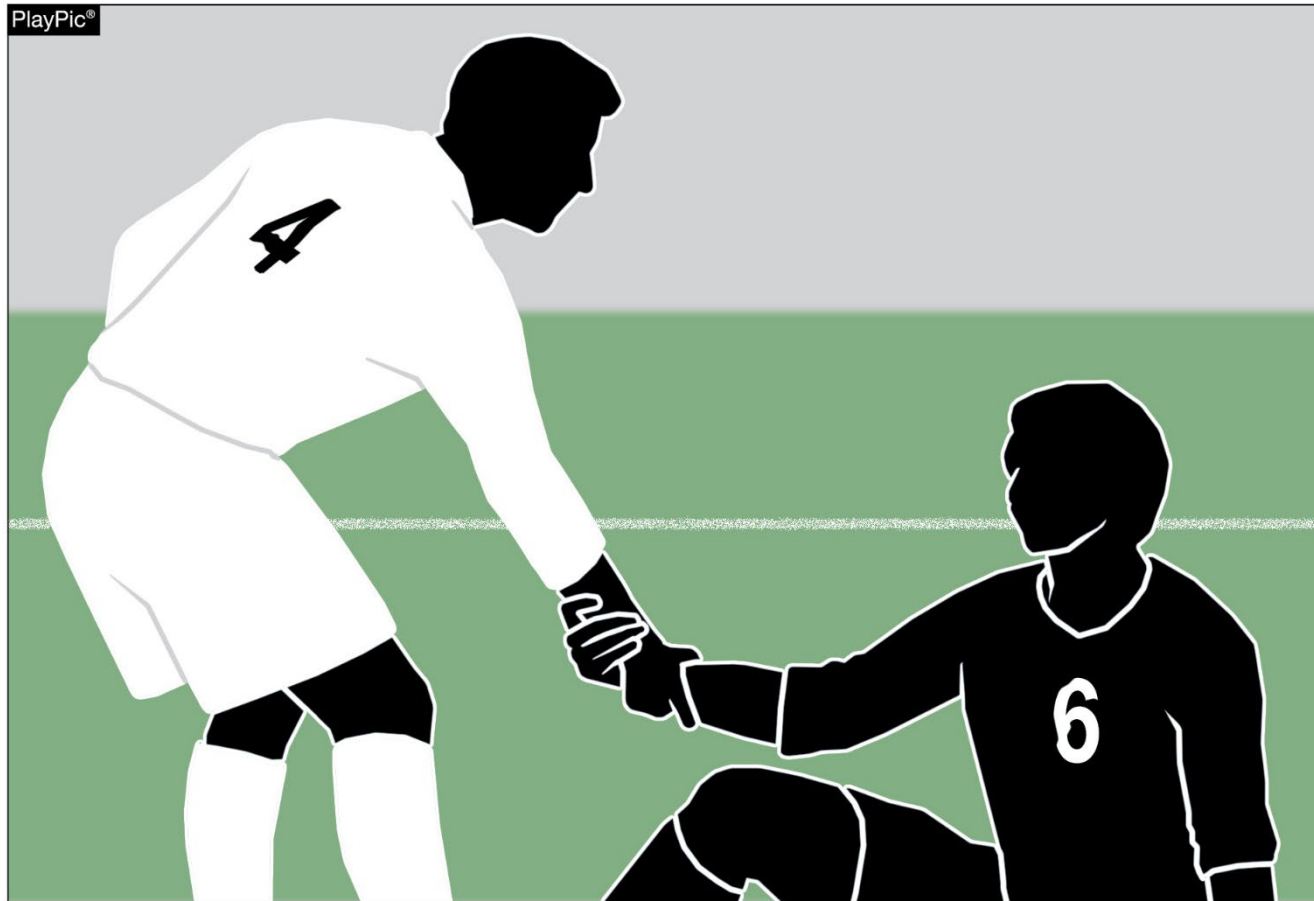


SPORTSMANSHIP



- The NFHS is concerned that unsporting behavior in education-based athletic has increased across all sports. As a result, the NFHS has made sportsmanship the no. 1 Point of Emphasis for the 2022-23 school year.
- The interscholastic coach is responsible for setting the tone at athletic contests and must act in a sportsmanlike manner.
- If coaches are complaining constantly about the decision of contest officials, spectators are likely to do the same.

SPORTSMANSHIP



- A positive, open line of communication between officials and coaches ultimately leads to better behavior by student-athletes.
- Good sporting behavior is expected before, during and after every contest.

SPORTSMANSHIP



- Contest officials should never engage with spectators who are exhibiting unsporting behavior. Instead, school administration, or in their absence, the home team's head coach is responsible for dealing with unruly spectators.
- The NFHS is concerned about unsporting behavior inhibiting the recruitment and retainment of officials.
- In addition, an environment with demeaning language, taunting and/or hate speech directed at players does not further the mission of education-based activity programs.

STRATEGIC TIME-WASTING TECHNIQUES

Time-wasting techniques disrupt the flow of the game and allow a team to gain an unfair advantage.

Officials must be aware of these tactics including:

- Goalkeepers holding the ball for longer than 6 seconds before releasing the ball into play.
- Delays on restarts such as free kicks or throw-ins. For example, when players take unnecessary time to set up a free kick or throw-in by re-tying their shoe or adjusting their uniform.
- Team excessively substituting before the 5-minute rule applies.



PENALTY KICK

- A stutter step or a hesitation move is permissible.
- The ball must be kicked forward.
- If the ball is not kicked forward, an indirect free kick is awarded to the defending team from the penalty kick mark.

DISSENT



Rule 12-8-1c defines dissent.

- Expressions of frustration or disappointment or private dissatisfaction not directed at anyone can usually be handled by a verbal warning or private discussion with the player.
- Simply disagreeing with an official's decision isn't always dissent. Several factors to consider in each situation.
- Continual public complaining, prolonged and repeated actions or personally directing comments at the referees must be dealt with.

MIAA RULES Handbook 2021 – 2023

- *78.1.3* Shin guards must be worn by all players during contests and practices.
- *78.1.4* Soccer players are not allowed to wear shoes with metal cleats, or any metal on the cleat.
- *78.1.5* Mouth guards are highly recommended for all soccer players while on the field.
- *78.1.6* The home team shall wear dark jerseys and socks, and the visiting team shall wear white or light jerseys and socks.
- *78.2.1* All leagues/conferences must conduct a pre-season meeting for all head soccer coaches to review sportsmanship goals and objectives.

MISC MIAA RULES CON'T

- 78.2.4 Any player who receives a yellow card shall be replaced and shall not re-enter the contest until the next opportunity for substitution occurs.
- 78.2.5 A player committing a second yellow card infraction in the same contest receives a red card. There are no exceptions. *It should be reported as only a red card (not two yellows or a yellow and a red).*
- 78.2.14 A deliberate (intentional) handball to prevent a ball from entering the goal is a red card offense. However, the offender will be suspended from the remainder of that contest and only the next regularly scheduled contest.
- 78.2.16 For purposes of obtaining tournament eligibility, no team may exceed four red or fifteen TOTAL cards during the regular season. Delay of game encroachment and deliberate (intentional) handball are infractions, which will continue to be enforced and penalized. The impact of these infractions will be assessed and will be considered towards tournament ineligibility.

MISC MIAA RULES CON'T

- 78.2.17 Any team whose players/coaches receive collectively five (5) yellow and/or red cards in a contest(including pre & post-game) will result in immediate termination of the contest, and result in forfeiture by the offending team.
- 78.2.18 The home team must complete the infraction score sheet IF any infractions given. The official must review and sign off on the information at the end of the game. The home team should keep this form for the remainder of the year. Each school is then required to enter all VARSITY infractions on-line through the MIAA Soccer Infraction reporting form found on the MIAA Soccer page. A hard copy of any coach/student disqualification form must be sent to the MIAA. (Sub-varsity level score sheets should be filed and maintained at the local level).

MISC MIAA RULES CON'T

- 78.2.19 Game officials will not receive compensation unless they remain present at the conclusion of the soccer contest until the student-athlete handshake is completed.
- 78.2.21 For all varsity soccer contests, the home team must assign an adult contest manager, other than a member of the soccer coaching staff, to be responsible for all aspects of administration of the contest.
- 78.2.23 The MIAA Taunting Policy must be reviewed by game officials with the captains and coaches in a meeting before each soccer contest.
- 78.3.1 Contests shall consist of four 18-minute quarters, two 36-minute halves, or two 40-minute halves.

MIAA TIMEOUT RULE

78.2.24 Each team will be allowed a one-minute time out per half and each extended time period. The time-out may be called by the coach or any player on the field during an offensive restart.

Specifics:

- One per half. One minute length
- Unlimited subs after timeout
- Called by team owning restart
- Called by either team after a card, goal, injury, dropped ball
- Non-cumulative
- No timeouts in shootout
- Injured player may return upon either team calling a timeout
- Cautioned player may not return until next legal substitution

Infraction Reporting and Score Sheets

For the 2022 Soccer Season all infractions must be reported through the following formstack link:

[Click here for the 2021-2022 MIAA Soccer Infraction Reporting Form](#)

It is now required for schools to use the new MIAA Infraction Sheets. At the completion of the game if infractions occurred, the home team should complete this form and the officials are required to complete the bottom portion. The infraction sheet does NOT need to be submitted to the MIAA, the home team should keep them for their records for the entire regular and tournament season.

[Click here for the PDF Version](#)



LEAGUE _____ DATE _____ SITE _____ VARSITY/SUBVARSITY BOYS/GIRLS

HOME SCHOOL _____ VISITOR SCHOOL _____

SCHOOLS MUST REPORT SCORE THROUGH ARBITER AND ALL INFRACTIONS MUST BE SUBMITTED THROUGH THE MIAA FORMSTACK INFRACTION REPORTING FORM

CONTEST INFRACTIONS							
TEAM	PLAYER or **COACH #	HALF	YELLOW	RED*	INFRACTION CODE	SPECIFICATION / COMMENTS	OFFICIAL'S INITIALS

New MIAA Infraction Sheet

* There are no exceptions to any player suspended from a contest under Rule 49. She/he must be suspended from the next (2) contests in that sport with another MIAA member school unless it falls under the **MIAA one-year suspension**. (See box below);
 ** If a red card is issued, the official must fill out a coach/student contest disqualification form on site (MIAA Rule 49.1).

INFRACTION CODE		
Place Appropriate Code No. Under Infraction Box Above		
1	Delay of game	Y
2	Encroachment	Y
3	Tactical handball foul	Y
4	Equipment violation	Y
5	Persistent infringement	Y
6	Dissent	Y
7	Incidental vulgar or profane language	Y
8	Holding, kicking, tripping, pushing (specify)	Y
9	Faking an injury or foul (specify)	Y
10	Subsequent caution	R
11	Excessive celebration	Y/R
12	Violent conduct (specify)	R
13	Serious foul play	R
14	Insulting, offensive, or abusive language	R
15	Taunting	R
16	Other (specify)	Y or R

KEY:	
Y	Yellow Card offense. Offending player MUST be Substituted
R	Red Card offense. Excluded player CANNOT be replaced

MIAA ONE-YEAR SUSPENSION	
Note: Each of the following (A & B) require a one-year suspension. Please circle ONLY if this is a violation of:	
A.	Rule 49.6 ("...physically assaults an official")
B.	Rule 49.7 ("...willfully, flagrantly, or maliciously attempts to injure an opponent")
Comments: _____	

GAME OFFICIALS			
	Name (PLEASE PRINT)	Phone #	Initials
REFEREE (1)			
REFEREE (2)			


NFHS Rule 3-1-3

Each team shall submit a roster.

Old MIAA Infraction Form

MIAA SOCCER ROSTER AND SCORE SHEET

VISITOR			HOME		
TEAM			TEAM		
POS	NO	NAME	POS	NO	NAME
G			G		


SCORING BY HALF

PERIOD	1	2	TOTAL
VISITOR			
HOME			

ADMINISTRATOR'S REPORT

CONTROL	POOR	FAIR	GOOD
PLAYERS V	/	/	/
H	/	/	/
COACHES V	/	/	/
H	/	/	/
CROWD V	/	/	/
H	/	/	/
OFFICIALS 1	/	/	/
2	/	/	/

GAME OFFICIALS

Name (PLEASE PRINT)	Phone #	Initials
REFEREE (1)		
REFEREE (2)		

GAME ADMINISTRATOR

SCHOOL	POSITION	TELEPHONE

KEY:

INFRACTION CODE	KEY:
1 Delay of game	Y Yellow Card offense. Offending player MAY be Substituted for
2 Encroachment	Y
3 Tactical handball foul	Y
4 Equipment violation-including mouthguard	Y
5 Persistent infringement	Y
6 Dissent	Y
7 Incidental vulgar or profane language	Y
8 Holding, kicking, tripping, pushing (specify)	Y
9 Faking an injury or foul (specify)	Y
10 Subsequent caution	R
11 Excessive celebration	Y/R
12 Violent conduct (specify)	R
13 Serious foul play	R
14 Insulting, offensive, or abusive language	R
15 Taunting	R
16 Other (specify)	Y or R

MIAA ONE-YEAR SUSPENSION

Note: Each of the following (A & B) require a one-year suspension. Please circle ONLY if this is a violation of:

A. Rule 49.6 ("...physically assaults an official")
B. Rule 49.7 ("...willfully, flagrantly, or maliciously attempts to injure an opponent")

Comments: _____

revised July 2018

STUDENT CONTEST DISQUALIFICATION FORM



33 Forge Parkway, Franklin MA 02038

TEL: (508) 541-7997
FAX: (508) 541-9838
E-mail: miaa@miaa.net

STUDENT CONTEST DISQUALIFICATION FORM

Reference MIAA Rule 49

NOTE TO GAME OFFICIALS: All disqualifications must be explained in writing immediately after the contest. Present this completed form to the contest site manager.

PROCEDURE TO BE FOLLOWED: (1) The site manager is responsible for having these forms available for officials at the game site. (2) The suspending official shall notify the scorer, the person in charge, and the coach of each team at the time the student is disqualified from a contest for unsportsmanlike conduct. Failure of the official to do so **does not** exempt a student from the penalty required by the rule. At the conclusion of the contest, the official must complete the form and give it to the site manager. (3) The site manager is responsible for sending copies to the Principal and Athletic Director of each school involved and to the MIAA Executive Director.

SPORT: GENDER:

LEVEL:

SITE: DATE OF INCIDENT:

Home Team: VS. Visting Team:

SCHOOL OF STUDENT SUSPENDE(include city/town):

STUDENT SUSPENDE:
Uniform # First & Last Name: Grade:

DESCRIPTION OF CIRCUMSTANCES CAUSING DISQUALIFICATION OF THE PLAYER:

One form is to be completed for each athlete disqualified. Please describe circumstances causing disqualification from the athlete in the space provided. **Violation called:**

There are no exceptions for any player disqualified from a contest under Rule 49. He/she must be suspended from the next contest that is part of their regular season schedule or in tournament play (in baseball, ice hockey, and soccer the penalty is two contests) unless it falls under one of the rules below:

I. Please check if the violation was for fighting, punching or kicking an opposing player, or spitting at someone

a. Rule 49.3.1 (2 game suspension)

II. Each of the following (a and b) requires a ONE-YEAR SUSPENSION in all sports.

Please check ONLY if this is a violation of:

a. Rule 49.6 ("... physically assaults an official.")

b. Rule 49.7 ("... willfully, flagrantly, or maliciously attempts to injure an opponent.")

Rule 49.13 Any student athlete who is disqualified (see Rule 49.3) from any interscholastic contest must complete the National Federation Sportsmanship on-line course – "Sportsmanship", before reestablishing eligibility. This course is free. The "certificate of completion" must be submitted to the school athletic director.

SIGNATURE OF OFFICIAL GIVING PENALTY:

PRINT NAME:

DATE:



33 Forge Parkway, Franklin MA 02038

TEL: (508) 541-7997
FAX: (508) 541-9838
E-mail: miaa@miaa.net

COACH CONTEST DISQUALIFICATION FORM

(Reference MIAA Rule 49)

SPECIAL REPORT FROM ATHLETIC OFFICIAL/COACH

All disqualifications must be explained in writing immediately after the contest by the official and coach on separate forms to the Athletic Director and the Principal of the school. There are no exceptions for any coach expelled from a contest. If the game official fails to file his/her report, the coach is still bound by the suspension. He/she must be excluded from the next contest **that is part of their regular season schedule or in tournament play**. Disqualifications from ice hockey, soccer and baseball are for the next two contests.

REPORT FROM: Game Official Coach

DATE OF INCIDENT:

SPORT: GENDER:

LEVEL:

CONTEST BETWEEN: Home HS: & Visiting HS:

EXCLUDED COACH: Name: / School:

SPECIFIC INCIDENT BEING REPORTED (with appropriate explanations included):

There are no exceptions for any coach disqualified from a contest under Rule 49. He/she must be suspended from the next contest **that is part of their regular season schedule or in tournament play** (in baseball, ice hockey, and soccer the penalty is two contests) unless it falls under the rule below:

- The following requires a **ONE-YEAR SUSPENSION in all sports.**

Please check **ONLY** if this is a violation of: Rule 49.6 ("... physically assaults an official.")

DATE: SIGNED: POSITION:

PRINT NAME: PHONE:

Procedures to be followed:

- Person in charge of each contest is responsible for having these forms available.
- At the conclusion of the contest, the **official and coach must each complete a separate form and give it to the person in charge of the contest.**
- The person in charge of the contest is responsible for sending both copies within 24 hours of the competition to the:
 - Principal of each school involved
 - Athletic Director of each school involved
 - Executive Director of MIAA
- The principal or athletic director of the coach must forward immediately all copies of the official's and coach's report to the school superintendent.

COACH CONTEST DISQUALIFICATION FORM



GUIDELINES FOR LIGHTNING SAFETY



- **Recognition:** Thunderstorm development. Average distance between successive lightning flashes is approx 2-3 miles, anytime the lightning can be seen or thunder heard, the risk is already present.
- **Flash to Bang** – Generally a 30 second or less flash-to-bang get off the field!
- **Evacuation** - If lightning is imminent or a thunderstorm is approaching, **EVERYONE** shall evacuate to available safe structures or shelters.
- **Safety** - Usually inhabited building with 4 walls, 2nd choice auto fully enclosed. Avoid touching metal parts of car while in it.
- **Thirty-minute Rule** – Once lightning has been recognized, **WAIT** at least 30 minutes after the last flash of lightning or thunder is heard. Any subsequent lightning or thunder after the beginning of the 30-minute count should reset the clock and another count should begin.



EMSOA MEMBERS WILL RECEIVE ANNUAL PATCHES WITH THE CURRENT YEAR

