



2019-20 NFHS SOCCER RULES POWER POINT

Take Part. Get Set For Life.®



Welcome EMSOA Members 2019-2020 Rule Changes





2019-20 NFHS

**SOCCER
RULES BOOK CORRECTION**





RULE 2-2-4 CORRECTION

If the ball becomes deflated during play, it is declared dead where it was last played and the game is resumed by a drop ball between any number of opposing players at the spot where it was last played. If the ball becomes deflated within the goal area, then the ball is dropped between any number of opposing players subject to the provisions of Rule 9-2-2.



RULE 3-4-3

The clock shall be stopped when a substitute by the team in the lead is beckoned onto the field in the final five minutes of the second period, **in the fourth quarter (if the game is played in quarters) and in the second period of the overtime.**



RULE 7-4-3

The clock shall be stopped when a substitute by the team in the lead is beckoned onto the field in the final five minutes of the second period only, **the second period of overtime and the fourth period (if the state plays in quarters.)**

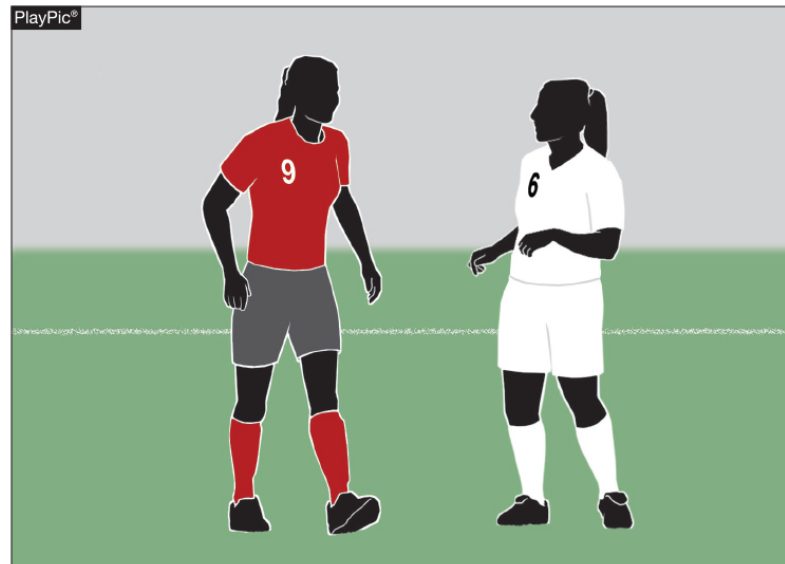


Review of some of the major 2018-19

SOCCER RULES CHANGES



RULE 4-1-1A, B REQUIRED EQUIPMENT (UNIFORM)



Player A is on the Home team and is required to wear the dark colored jersey (clear contrast to white) and dark socks; Player B is a part of the visiting team and is required to wear an all-white jersey and all-white socks.



RULE 4-1-1D

If visible apparel is worn under the jersey and /or shorts, it shall be of a similar length for an individual and a solid-like color for the team.



RULE 11-1-4

A player in an offside position receiving the ball from an opponent, who deliberately plays the ball (except from a deliberate save), is not considered to have gained an advantage.



DENYING AN OBVIOUS GOAL SCORING OPPORTUNITY (DOGSO)

- Defenders Number (no more than one not counting the defender who committed the foul)
 - Fairly inflexible if the number is none or one the factor applies; if two or more it does not. If this does not apply all other factors below do not matter.
- Distance to Goal (closer stronger the opportunity)
- Distance to Ball (reasonable playing distance, keeping and gaining control)
- Direction of Play (moving toward goal)



2019-20 NFHS

**SOCCER
RULES CHANGES**



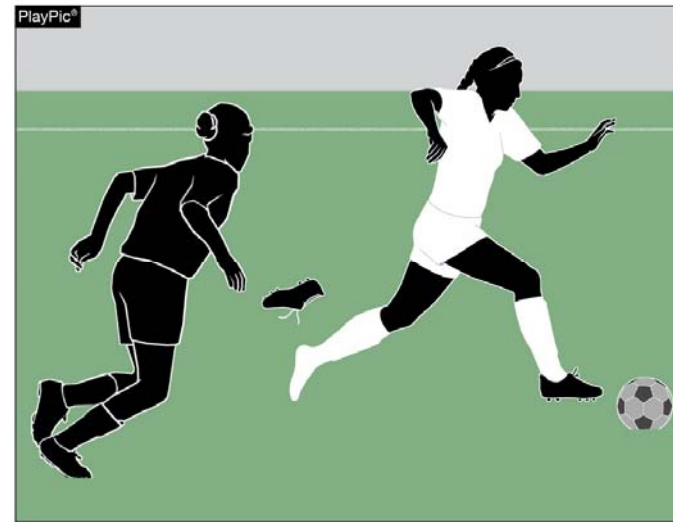
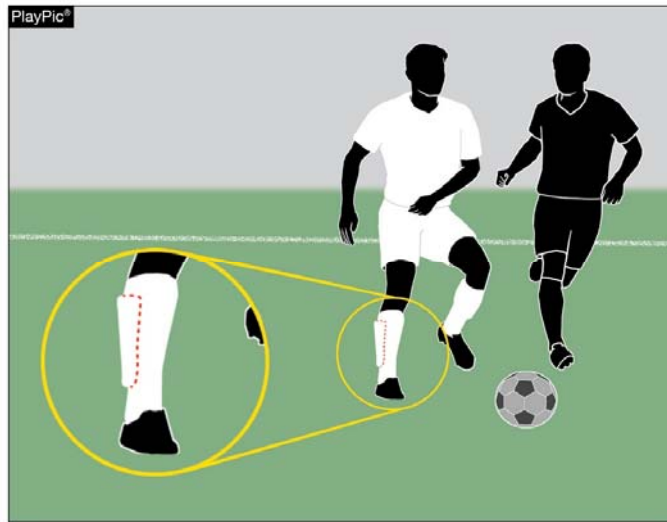


RULE 4-3 IMPROPERLY EQUIPPED

Improperly Equipped Players (18-1-1u)

- Cautions will not be issued for improperly equipped player(s).
 - If not immediately correctable, improperly equipped player(s) shall be instructed to leave the field of play when the ball next ceases to be in play. The player(s) may be replaced. The removed player(s), if not replaced, may re-enter at the next dead ball only after reporting to an official, who shall be satisfied the player's equipment and uniform are in order. Play shall not be stopped for an infringement of this rule except that the referee may stop play immediately where there is a dangerous situation.
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4-3 IMPROPERLY EQUIPPED



An improperly equipped player is wearing legal equipment that is being worn incorrectly or becomes illegal during play.

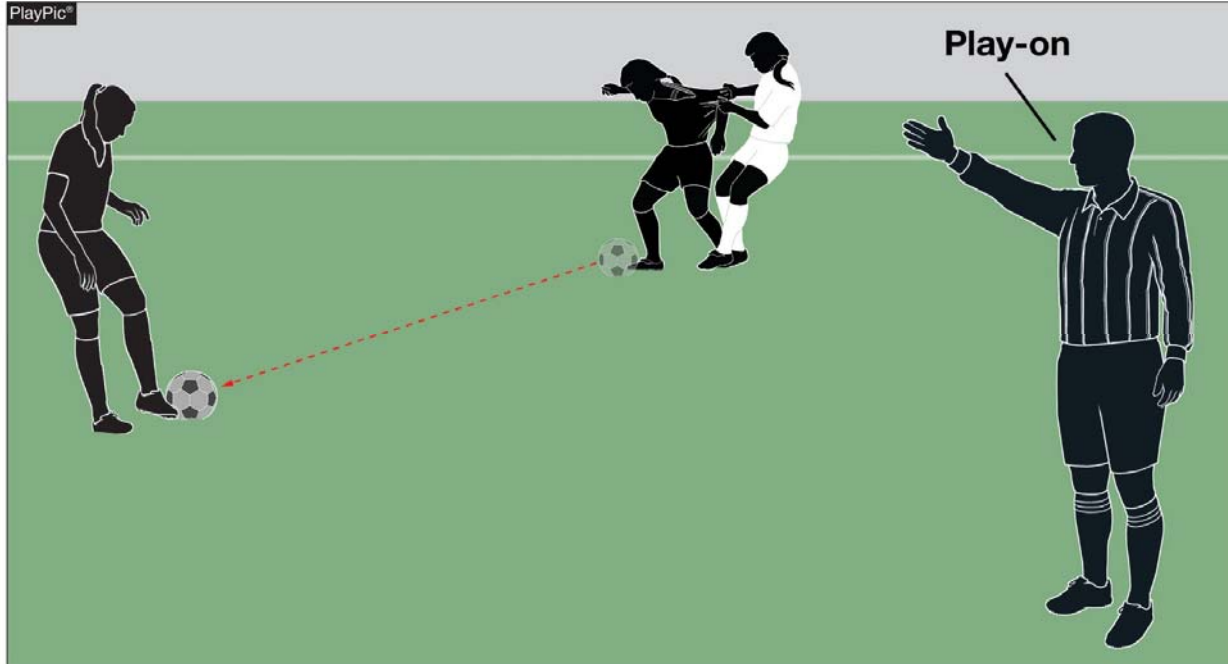


RULE 5-3-1D ADVANTAGE SIGNAL

The officials shall:

(d) call out "play on" and, with an underswing of one or both arms, indicate a foul which was observed but shall go unpenalized because penalizing the offending team would give an advantage to the offending team. If the referee applies the advantage, which was anticipated but does not develop at that time, the referee shall penalize the original offense.

5-3-1d ADVANTAGE SIGNAL



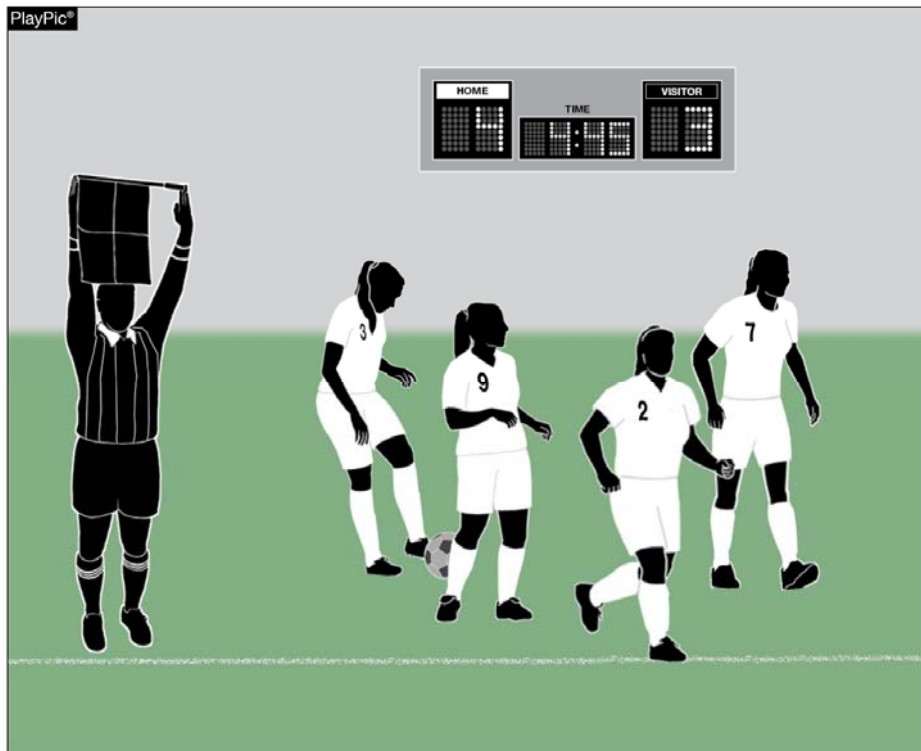
Use of one arm to signal advantage is permitted.



RULE 7-4-3 TIME-OUT AND IN RULE 3-4-3 SUBSTITUTIONS

The clock shall be stopped when a substitute by the team in the lead is beckoned onto the field in the final five minutes of the second period only, **the second period of overtime and the fourth period (if the state plays in quarters.)**

7-4-3 TIME-OUT AND IN



The clock shall be stopped when a substitute by the team in the lead is beckoned on the field in the final five minutes of the second period only during regulation time , the second period of overtime and the fourth period (if the state plays in quarters).



RULE 9-2-1 DROP BALL

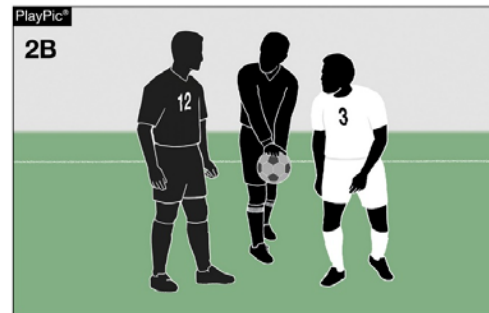
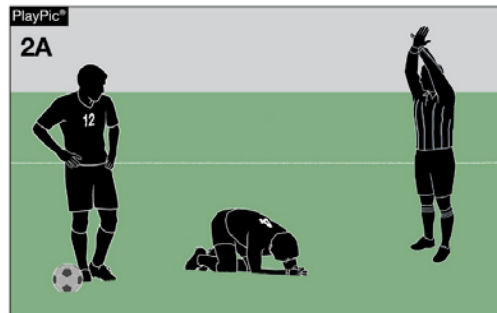
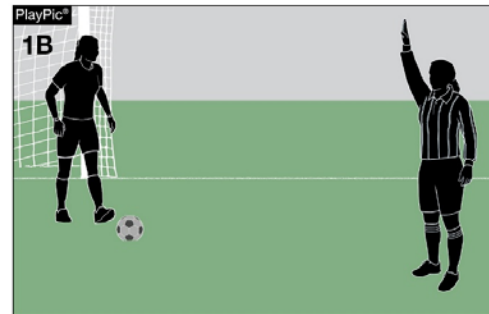
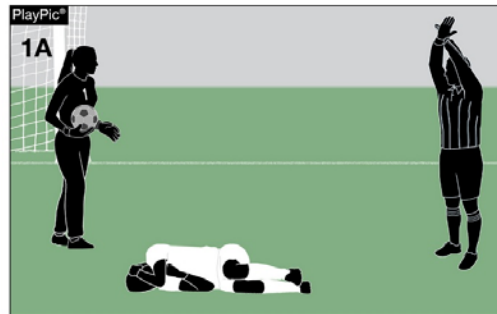
The game is restarted with a drop ball:

- a. when the ball is caused to go out of bounds by two opponents simultaneously;
 - The ball is dropped 5 yards inside the boundary line unless this is the goal area.
- b. when the ball becomes deflated;
- c. following temporary suspension of play for an injury or unusual situation **and a goalkeeper is not in possession of the ball.**
- d. when simultaneous fouls of the same degree occur by opponents.

GOALKEEPER POSSESSION

The goalkeeper is considered to be in possession of the ball when the ball is held with both hands, held by trapping the ball between one hand and any surface, the ground, a goalpost, the goalkeeper's body, or holding the ball in the outstretched open palm. And the "hand" in this case can consist of as few as one finger of the "goalkeeper's hand".

9-2-1 DROP BALL



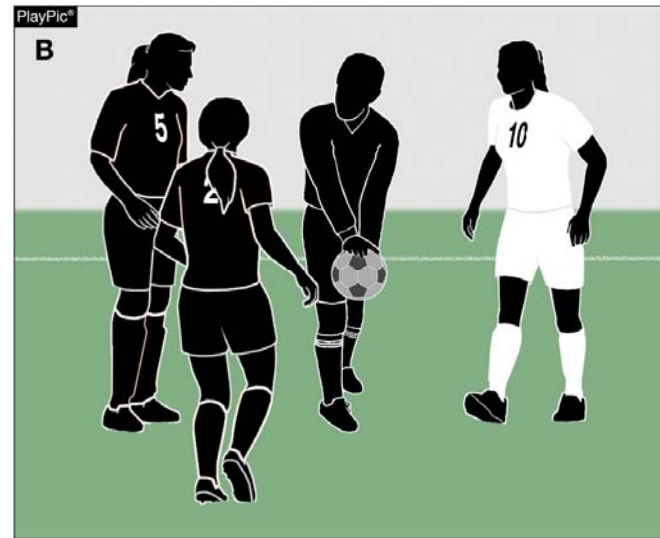
Unless a goalkeeper is in possession of the ball, the restart following a temporary suspension of play for an injury or unusual situation is a drop ball.



RULE 9-2-3 DROP BALL

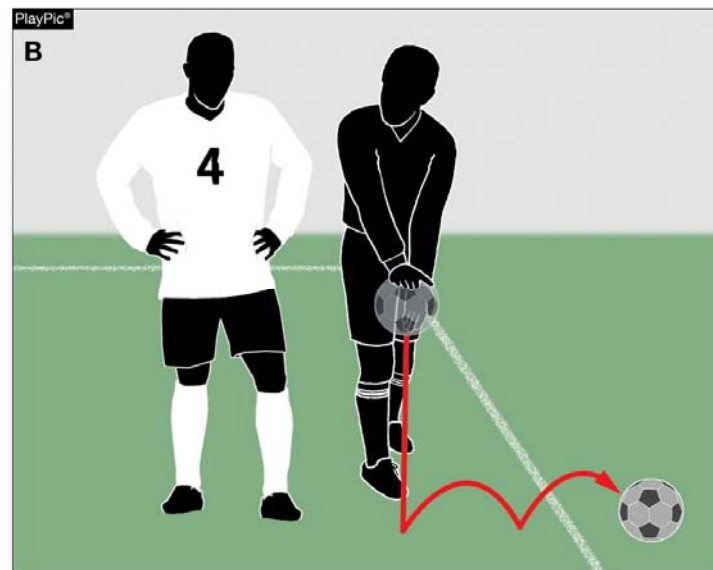
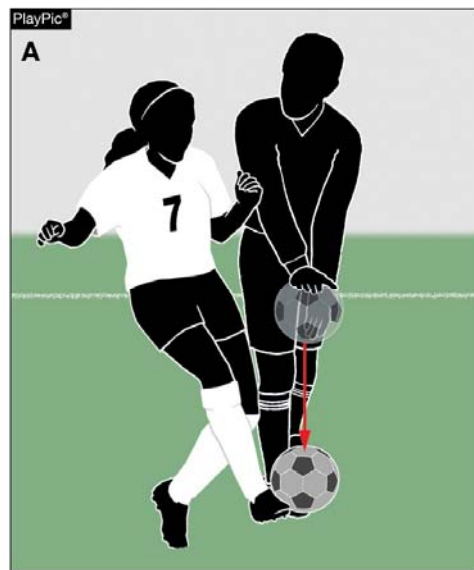
The ball is dropped by an official from waist level to the ground. Any number of players may contest a dropped ball (including the goalkeepers); a referee cannot decide who may contest a dropped ball or its outcome.

9-2-3 DROP BALL



Any number of players may contest a dropped ball, including goalkeepers.

9-2-5 DROP BALL



The dropped ball is repeated if it touches a player before it touches the ground or it leaves the field of play before it is touched.



RULE 9-2-6 DROP BALL NEW

If a dropped ball enters the goal without touching at least two players, play is restarted with a goal kick if it enters the opponent's goal or a corner kick if it enters the team's own goal, depending on which player touched the ball last.



RULE 9-3 DROP BALL

In case of a temporary suspension due to injury or any unusual situation the game shall be started by a drop ball at the point where the ball was when the play was suspended (except as noted in 14-1-7), provided the ball was not in the goal area and not in the possession of the goalkeeper. 12-8-2



2019-20 NFHS

SOCCER MAJOR EDITORIAL CHANGE

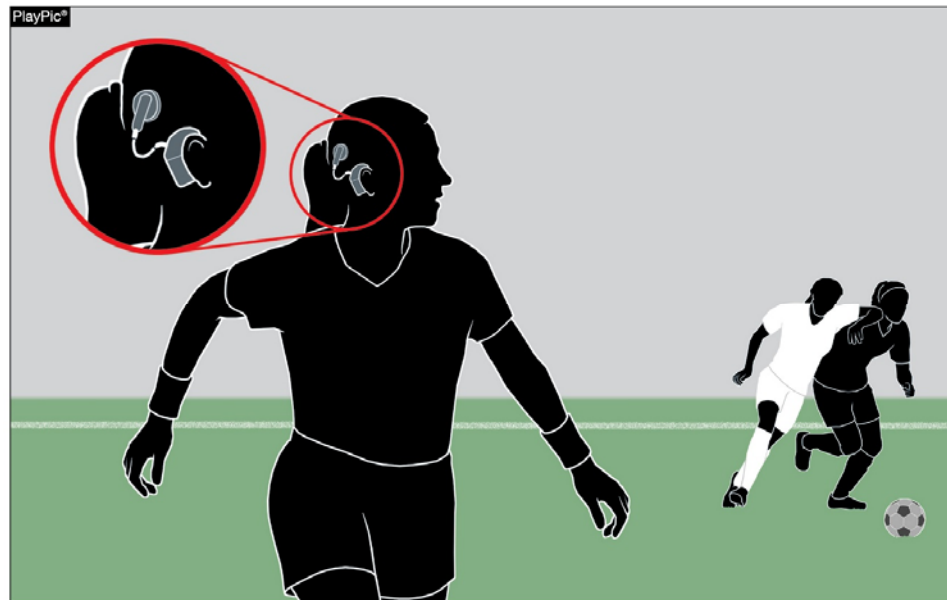




RULE 4-2-6 OTHER EQUIPMENT

Hearing aids worn in or behind the ears, including cochlear implants, are legal provided that the device does not create the threat of injury.

4-2-6 COCHLEAR IMPLANTS



Cochlear implants can be worn if they do not provide a threat of injury to players.

4-2-6 COCHLEAR IMPLANTS





2019-20 NFHS

SOCCER POINTS OF EMPHASIS

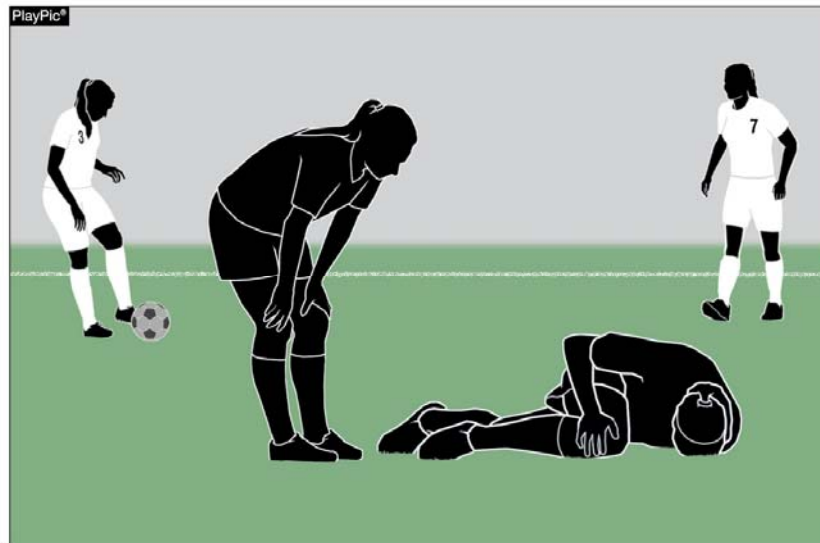




ANTERIOR CRUCIATE LIGAMENT (ACL) INJURY PREVENTION

(ACL) injuries are devastating to athletes at all levels of competition. An ACL tear requires surgery and results in 6 to 12 months of rehabilitation before return to sports. It also increases the risk of future knee osteoarthritis. The majority of ACL tears are noncontact injuries, occurring while cutting, pivoting, or landing from a jump. The remainder of the injuries result from a direct blow to the knee or leg.

KNEE INJURY PREVENTION



- The majority of ACL tears are noncontact injuries, occurring while cutting, pivoting or landing from a jump.
- Noncontact injuries can be minimized through the use of specific neuromuscular training programs.
- NFHS is offering a free online course on “ACL Injury Prevention” on NFHSLearn.



PRE-GAME COMMUNICATION BETWEEN THE SCHOOL ADMINISTRATION AND GAME OFFICIALS

An authorized representative of the host school shall greet the officials upon their arrival. The host school principal, principal's designee or game administrator must indicate to the head official or center referee his/her location should a situation develop where his/her assistance is needed during a contest. The contest coaches should not serve as the principal's designee or game administrator. The expectation is that the principal's designee or game administrator will take positive action to maintain an atmosphere of good sportsmanship within the spectator seating area.

PRE-GAME COMMUNICATION BETWEEN THE SCHOOL ADMINISTRATION AND GAME OFFICIALS



The site administrator should indicate his/her general location for the contest so that the referees know where to look if there is a need.



OFFICIALS COMMUNICATING MISCONDUCT TO COACHES

NFHS Rule 5-3 states that game officials shall communicate the nature of misconduct to coaches, the scorer and other officials when a yellow/red card has been issued. **This communication is a notification and not an explanation.** It is not intended to be an opportunity for the coach to discuss or dissent the call. It is, however, an educational opportunity for the coach to address and/or correct the behavior of the carded individual.

OFFICIALS COMMUNICATING MISCONDUCT TO COACHES



The referee shall communicate the nature of the misconduct to coaches, the scorer and other officials when a yellow/red card is issued.



2019-20 NFHS
SOCCER UNIFORMS





NFHS SOCCER UNIFORM

Game Jersey

- Home Team
 - Dark color contrasting white
 - If gray is used, the shading of the gray color should be 70% dark or darker for it to clearly contrast with white (Gray Color Spectrum Chart)
 - Visiting Team
 - All-white
 - No color trim
 - Only names and patches, emblems, logos or insignias referencing the school are allowed
 - 2 ¼ inch square manufacturer's logo allowed
 - Team members wear the same color and style uniform
 - Goalkeeper's jersey must distinctively different in color from that of team members and opposing team
-



MIAA HANDBOOK 78.1.6

- The home team shall wear dark jerseys and socks, and the visiting team shall wear white or light jerseys and socks.
-



NFHS SOCCER JERSEY

- **Front of Jersey**

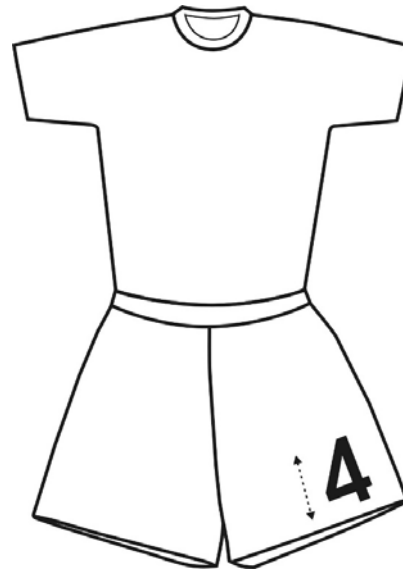
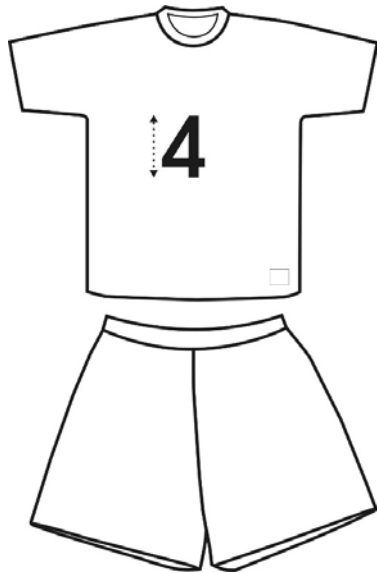
- All jerseys, including the goalkeeper, must be numbered on the front
- Numbers must not be duplicated
- There must be a 4-inch number on the front (jersey or shorts)
- The color of the number must contrast with the color of the jersey or pants, be clearly visible and match the color of the number on the back of the jersey

- **Back of Jersey**

- All jerseys, including the goalkeeper, must be numbered on the back
- Numbers must not be duplicated
- There must be a 6-inch number on the back
- The color of the number must contrast with the color of the jersey, be clearly visible and match the color of the number on the front of the jersey



NUMBER PLACEMENT





OTHER ITEMS WORN

- Socks
 - Home Team
 - Dark color contrasting white
 - Does not need to match the jersey color
 - Both socks must be the same color
 - Visiting Team
 - All white
 - If tape or stays are used, they must be the same color as the socks
 - Manufacturer's logo on both sides of the socks is legal
 - Shorts
 - May be of a color unlike that of the jersey
 - May have an appropriately size manufacturer's logo
-



OTHER ITEMS

- Shinguards
 - Must meet the NOCSAE standards at time of manufacture
 - NOCSAE seal and height range permanently mark on front of shinguard
 - Worn with bottom edge no higher than 2 inches above the ankle
 - Age- and size-appropriate
 - Worn under socks
 - Must not be altered
 - Undergarments
 - If worn, must be of a similar length for an individual
 - Solid color, all alike for the team, if worn
-



OTHER ITEMS

- Head coverings
 - Goalkeeper may wear a soft-billed baseball-type hat or soft-billed visor
 - Soft-padded headgear is permitted
 - Medical or cosmetic required head coverings must be approved by the State Association
 - Religious required head coverings must be approved by the State Association
-

MIAA

Massachusetts Interscholastic Athletic Association

"Building the future...one student at a time..."



4-2-8 Protective Face Mask Legal or illegal?



4-2-1 Illegal Equipment Situations and Rulings 4.2.4 Situation A (a)



Are there any exceptions?

MIAA Handbook July1, 2019 – June 30, 2021

Sportsmanship 78.2

78.2.2 Regarding “incidental” use of vulgar or profane language, the referee must caution (yellow card) a player/coach who uses incidental vulgar or profane language.



MIAA Handbook July 1, 2019 – June 30, 2021 Timeout

78.2.24 Each team will be allowed a one-minute time out per half and each extended time period. The time-out may be called by the coach or any player on the field during an offensive restart.

Specifics:

- One per half. One minute length
- Unlimited subs after timeout
- Called by team owning restart
- Called by either team after a card, goal, injury, dropped ball
- Non-cumulative
- No timeouts in shootout
- Injured player may return upon either team calling a timeout
- Cautioned player may not return until next legal substitution

NFHS Rule 3-1-3 Each team shall submit a roster

MIAA SOCCER ROSTER AND SCORE SHEET

VISITOR HOME

VISITOR		HOME	
POS	NO	POS	NO
G		G	

☛ HEAD COACH ☛
☛ ASST. COACH ☛
☛ ASST. COACH ☛
☛ MANAGER ☛

GAME OFFICIALS

	Name (PLEASE PRINT)	Phone #	Initials
REFEREE (1)			
REFEREE (2)			

SCORING BY HALF

PERIOD	1	2	TOTAL
VISITOR			
HOME			

VISITOR

HALF	TIME	GOAL BY	ASST. BY

HOME

HALF	TIME	GOAL BY	ASST. BY

LEAGUE VARSITY BOYS DATE

SITE SUBVARSITY GIRLS

SCHOOLS MUST REPORT SCORE AND CARD INFRACTIONS ON-LINE IN THE MIAA MEMBERS ONLY SECTION

TEAM	PLAYER or COACH #	RED	YELLOW	RETRY	INFRACTION CODE	SPECIFICATION / COMMENTS	OFFICIAL'S INITIALS

* There are no exceptions to any player suspended from a contest under Rule 49. She/he must be suspended from the next (2) contests in that sport with another MIAA member school unless it falls under the MIAA one-year suspension. (See box below).

** If a red card is issued, the official must fill out a coach/student contest disqualification form on site (MIAA Rule 49.1).

INFRACTION CODE		KEY:	
Place Appropriate Code No. Under Infraction Box Above		Y	Yellow Card offense.
1	Delay of game	Y	Offending player MAY be substituted for
2	Encroachment	Y	
3	Tactical handball foul	Y	
4	Equipment violation-including mouthguard	Y	
5	Persistent infringement	Y	
6	Disent	Y	
7	Incidental vulgar or profane language	Y	
8	Holding, kicking, tripping, pushing (specify)	Y	
9	Faking an injury or foul (specify)	Y	
10	Subsequent caution	R	
11	Excessive celebration	Y/R	
12	Violent conduct (specify)	R	
13	Serious foul play	R	
14	Insulting, offensive, or abusive language	R	
15	Taunting	R	
16	Other (specify)	Y or R	

MIAA ONE-YEAR SUSPENSION
 Note: Each of the following (A & B) require a one-year suspension. Please circle ONLY if this is a violation of:
 A. Rule 49.6 ("... physically assaults an official")
 B. Rule 49.7 ("... willfully, flagrantly, or maliciously attempts to injure an opponent")
 Comments: _____

revised July 2016

ADMINISTRATOR'S REPORT

CONTROL	POOR	FAIR	GOOD
PLAYERS	V	/	/
	H	/	/
COACHES	V	/	/
	H	/	/
CROWD	V	/	/
	H	/	/
OFFICIALS	1	/	/
	2	/	/

GAME ADMINISTRATOR

SCHOOL

POSITION TELEPHONE

WHITE - Home Team PINK - Visitor Team

MIAA
33 Forge Parkway
FRANKLIN, MA 02038



TEL: (508) 541-7997
E-mail: miaa@miaa.net
FAX: (508) 541-9888

STUDENT CONTEST DISQUALIFICATION FORM
(MIAA reference Rule 49)

NOTE TO GAME OFFICIALS: All disqualifications must be explained in writing immediately after the contest. Present this completed form to the contest site manager.

PROCEDURE TO BE FOLLOWED: (1) The site manager is responsible for having these forms available for officials at the game site. (2) The suspending official shall notify the scorer, the person in charge, and the coach of each team at the time the student is disqualified from a contest for unsportsmanlike conduct. Failure of the official to do so **does not** exempt a student from the penalty required by the rule. At the conclusion of the contest, the official must complete the form and give it to the site manager. (3) The site manager is responsible for sending copies to the Principal and Athletic Director of each school involved and to the MIAA Executive Director.

Varsity Sub-Varsity Boys Girls MIAA Tournament

SPORT _____ SITE _____ DATE OF INCIDENT _____

HOME TEAM _____ VS. _____ VISITING TEAM _____

SCHOOL OF STUDENT SUSPENDED _____ SCHOOL CITY/TOWN _____

STUDENT SUSPENDED
Uniform # _____ FIRST NAME _____ LAST NAME _____ Grade _____

DESCRIPTION OF CIRCUMSTANCES CAUSING DISQUALIFICATION OF THE PLAYER:

One form is to be completed for each athlete disqualified. Please describe circumstances causing disqualification from the athlete in the space provided or on reverse side of this form. Violation called: _____

(CONTINUE ON OTHER SIDE IF MORE SPACE IS NEEDED)

There are no exceptions for any player disqualified from a contest under Rule 49. He/she must be suspended from the next contest **that is part of their regular season schedule or in tournament play** (in baseball, ice hockey, and soccer the penalty is two contests) unless it falls under one of the rules below.

- I. Please check if the violation was for fighting, punching or kicking an opposing player, or spitting at someone
- a. Rule 49.3.1 (2 game suspension)

II. Each of the following (a and b) requires a **ONE-YEAR SUSPENSION** in all sports.

Please check **ONLY** if this is a violation of:

- a. Rule 49.6 ("... physically assaults an official")
- b. Rule 49.7 ("... willfully, flagrantly, or maliciously attempts to injure an opponent.")

Rule 49.13 Any student athlete who is disqualified (see Rule 49.3) from any interscholastic contest must complete the National Federation Sportsmanship on-line course - "Sportsmanship", before reestablishing eligibility. This course is free. The "certificate of completion" must be submitted to the school athletic director.

SIGNATURE OF OFFICIAL GIVING PENALTY _____

PLEASE PRINT NAME _____

DATE _____

Revised 9/12/14

MIAA
33 Forge Parkway
FRANKLIN, MA 02038



TEL: (508) 541-7997
E-mail: miaa@miaa.net
FAX: (508) 541-9888

COACH CONTEST DISQUALIFICATION FORM
(MIAA reference Rule 49)
SPECIAL REPORT FROM ATHLETIC OFFICIAL/COACH

All disqualifications must be explained in writing immediately after the contest by the official and coach on separate forms to the Athletic Director and the Principal of the school. There are no exceptions for any coach expelled from a contest. If the game official fails to file his/her report, the coach is still bound by the suspension. He/she must be excluded from the next contest **that is part of their regular season schedule or in tournament play**. Disqualifications from ice hockey, soccer and baseball are for the next two contests.

REPORT FROM _____ DATE OF INCIDENT: _____
PRINT NAME - GAME OFFICIAL or COACH (Circle One)

SPORT: _____ Boys Girls

LEVEL (check) Varsity Sub-Varsity MIAA Tournament

CONTEST BETWEEN _____ and _____
HOME HIGH SCHOOL VISITING HIGH SCHOOL

EXCLUDED COACH: _____ / _____
NAME SCHOOL

SPECIFIC INCIDENT BEING REPORTED (with appropriate explanations included):

There are no exceptions for any coach disqualified from a contest under Rule 49. He/she must be suspended from the next contest **that is part of their regular season schedule or in tournament play** (in baseball, ice hockey, and soccer the penalty is two contests) unless it falls under the rule below:

- **The following requires a ONE-YEAR SUSPENSION in all sports.**

Please check ONLY if this is a violation of: Rule 49.6 ("... physically assaults an official.")

DATE _____ SIGNED _____ POSITION _____

PRINT NAME: _____ PHONE: _____

Procedures to be followed:

1. Person in charge of each contest is responsible for having these forms available.
2. At the conclusion of the contest, the **official and coach must each complete a separate form and give it to the person in charge of the contest.**
3. The person in charge of the contest is responsible for sending both copies within 24 hours of the competition to the:
 - a. Principal of each school involved
 - b. Athletic Director of each school involved
 - c. Executive Director of MIAA
4. The principal or athletic director of the coach must forward immediately all copies of the official's and coach's report to the school superintendent.

Revised 2/22/16



Yellow Card Offense



- Delay of game
- Encroachment
- Tactical handball foul
- Equipment violation-including mouthguard
- Persistent Infringement
- Dissent
- Incidental vulgar or profane language
- Holding, kicking, tripping, pushing (specify)
- Faking an injury or foul (specify)
- Other
 - DOGSO inside penalty area (legitimate attempt to play ball)



Red Card Offense



- Subsequent caution
- Violent conduct (specify)
- Series foul play
- Insulting, offensive, or abusive language
- Taunting
- Other
 - DOGSO outside penalty area
 - DOGSO inside penalty area while not attempting to play the ball and the goal is not scored
 - Spitting
 - Leaving team area to enter field for fight unless summoned by official



Any Questions
2019-20 Rules

